

# **CURRICULUM VITAE (CV)**

**DR. MOHD SOFIAN BIN OMAR FAUZEE**

**ASSOCIATE PROFESSOR  
HEAD, SPORTS DEVELOPMENT LABORATORY  
SPORTS ACADEMY  
UNIVERSITI PUTRA MALAYSIA  
43400, UPM SERDANG, SELANGOR  
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**03-89464275**

**SEPTEMBER 2009**



## **PERSONAL DETAILS**

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Name : Associate Professor Dr. Mohd. Sofian bin Omar Fauzee

Department : Department of Sport Studies

Faculty : Faculty of Educational Studies  
University Putra Malaysia  
43400 UPM Serdang  
Malaysia.

Position at  
Sports Academy : Head, Sports Development Laboratory

Address : Sports Academy  
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Specialization : Physical Education & Sports Psychology

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Confirmation date : 9 March 1988

Date starts working  
in UPM : 15 June 1995

Date as Associate  
Professor : 1 September 2003

Pass the PTK exam : 25 May 2004

Salary grade : DS54, P2T9 (as on 1 July 2009)

Basic Salary : XXXX

Salary increment  
date : 1 July

## **EDUCATIONAL BACKGROUND**

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June 1999 : Ph.D in Sports Related Study (Sports psychology),  
Leeds Metropolitan University, U.K.

December 1986 : M.Sc in Physical Education,  
Eastern New Mexico University, USA, (CGPA: 4.0)

September 1985 : B.Sc (Honors) USA in Physical Education (Emphasis in  
Coaching), Eastern New Mexico University, (CGPA: 3.59)

June 1997 : Post Graduate Certificate in Research Methodology,  
Leeds Metropolitan University, UK.

October 3, 2005 : Human Participants Protections (Ethics) Education for  
Research Teams Certificate, West Virginia University, USA.

October 4, 2005 : Health Insurance Portability and Accountability Act (HIPAA)  
Certificate, West Virginia University, USA.

## **UPDATED SUMMARY OF ACHIEVEMENTS (Aug 2009)**

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Current Post at University Sports Academy	:	Head, Sport Development Laboratory
Ph.D Students(Supervisions) Graduated :		3 students
Sports Psychology Consultations	:	PKNS Soccer Team 2006 Felda United FC 2007, 2008,2009
Football Association of Malaysia	:	SEA Games & National Team 2009/2010 Technical Committee
Columnist of Sport Psychology	:	Malaysian Football Magazine "Arena Bolasepak" Since 1991
Highest Research Awards	:	Fulbright Scholarship 2005 West Virginia University, USA
Highest International Collaboration	:	Reviewer, Journal of International Council For Health, Physical Education, Recreation, Sport and Dance (2005- current)
Highest Sport Association Position	:	Editor-in-Chief Malaysian Association of Physical Education, Sports Science, and Fitness (2002-2004)
Refereed Journal Published	:	57 published articles
Research Grant/Scholarship Awards	:	7 Leading Research (RM483,484) 4 Research grant Member 5 Support traveling grant 1 Fulbright Scholar 1 PhD Scholarship
Books Published	:	93 Books/chapter published 40 Books 53 Books Chapters

Paper presenter at Conference	:	61 Conferences International (46 papers) National (15 papers)
Other Published articles	:	222 articles published

## SERVICES IN GOVERNMENT SECTOR

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Services	Dates
Studying: B.Sc (Honors) in Physical Education di Eastern New Mexico University USA-Scholarship sponsored by MARA (3 years)	Sept 1982-Sept 1985
Studying: Masters in Physical Education di Eastern New Mexico University USA-Scholarship sponsored by (1 year)	Jan - Dec 1986
Appointed to Permanent post by JPA for DG3 teaching category with MARA	9 March 1987
Receive confirmation to be appointed as DG3 teaching post with MARA	9 March 1988
Receive confirmation to be appointed under pensioner schme with Malaysian Government (kelayakan taraf berpencen di bawah seksyen 6 akta pencen pihak-pihak berkuasa berkanun dan tempatan 1980)	1 May 1994
Receive approval letter 'release with consent' from the head department in MARA to join UPM (Mendapat pelepasan jawatan dengan izin [MARA FP 71916 (83)])	6 May 1995
Tutor at Faculty of Educational studies, University Putra Malaysia	15 June 1995
Studying : PH.D in Sport Psychology di Leeds Metropolitan University, UK- UPM Scholarship (3 yrs, 7 mths)	Jan 1996 - July 1999
Appointed as a lecturer at UPM	31 July 1999
Receive confirmation to be appointed as UPM's lecturer	31 July 2000
Promoted to Associate Professor category DS54	1 Sept 2003

Pass the PTK Government Servant Examination Level 6	27 Oct - 7 Nov 03
Receive 'sabbatical leave award' under the Fulbright Research Scholar programme at West Virginia University	Aug 2005 - May 2006
Promoted as the Head, Sports Development, Sports Academy, University Putra Malaysia	1 May 2006-

### **SPECIALIZATIONS / FIELD OF INTEREST**

- ✓ Sports Psychology:
  - Transtheoretical model
  - Self motivation
  - Mental toughness
  - Self confidence
  - Athletes behaviour
  - Team work
  - Fitness and exercise behavior
- ✓ Teaching in physical education.
- ✓ Research methodology in sport science and physical education.
- ✓ Students motivation and employees motivation.

### **FULLBRIGHT RESEARCH SCHOLAR FUNDING (BASED IN USA)**

**Omar-Fauzee, M.S. & Sam Zizzi (2005-2006). (Leader) *Understanding the impact of regular exercise behavior on attitudes to sport: Learning from American experience.*** The Fulbright Scholar Program at West Virginia University. (Fulbright Grant RM90,000).

### **RESEARCH ACTIVITIES**

#### **Research Grants (7 Research): RM483, 484.00**

- **Mohd Sofian Omar Fauzee (LEADER).** Pembentukan sistem E-pintar pengujian psikologikal mental atlet. [Developing the E-psychological mental strength for athletes] Fundamental Grants Vot Number 552366. RM142,404.
- **Mohd Sofian Omar Fauzee (LEADER).** *Attitude towards exercise among school teachers in Malaysia.* E-Science Fund. (No Project: 06-01-04-SF0545). Vot project: 5450313 (upm/as/01/04/sf0475/00) RM 76,080.

- **Mohd Sofian Omar Fauzee (LEADER).** *Mental Strength profile of Malaysian football players'*. E-Science Fund. (No Project: 04-01-04-SF0475). (upm/as/01/04/sf0475/00) Vot Project: 5450312. RM 151,000
- **Mohd Sofian Omar Fauzee (LEADER) & Rozita Abd. Latiff (2007-2009).** *Pengaruh persekitaran (Sosial dan Fizikal) ke atas penglibatan aktif remaja dalam aktiviti fizikal [The Influence of environmental factors (Social and physical) towards participation of physical activity among adolescence]*. Research University Grant Scheme (RUGS). RM 55,000. (UPM/RMC/UGP/R-5) 06-01-07-0265RU; 91265
- **Mohd Sofian Omar Fauzee (2007-2008). (LEADER).** *Perbandingan tingkah laku senaman di antara pensyarah bujang dan sudah berkahwin di IPTA [The comparison between married and single Public University lecturers]*. Geran Fundamental RM 30,000 (No Projek 05-01-07-181FR; No Pusat Kos: 5523181). Kementerian Pengajian Tinggi Malaysia
- Short term research UPM-MOSTI (2003). , **Mohd. Sofian Bin Omar Fauzee**, Ang Ha Loon, Bahaman Abu Samah, & Sheikh Kamarudin Sheikh Ahmad (2003) **(LEADER)** Satu tinjauan tentang Motif penglibatan pelajar sekolah menengah dalam aktiviti fizikal di daerah Kulim, Bandar Baharu, Kedah Darul Aman [The investigation of participation motives among high school students in Kulim district, Bandar Bharu, Kedah darul Aman]. (UPM GRANT RM 10,000)
- **Mohd Sofian Omar Fauzee (2004). (LEADER)** *Hubungan antara keagresifan dengan prestasi pemain: Aplikasi 'reversal frustration-aggression theory.'* [The relationship between aggression and players performances: The application of frustration-aggression theory]. Fundamental Grant MOSTI 55084 (RM 19,000).

#### Associate Researcher:

- Habibah Elias, **Mohd Sofian Omar Fauzee**, Rahil Mahyudin, Samsilah Roslan, Nooreen Nordin, & Maria Chong Abdullah (2004-2006). **(MEMBER)** *IRPA RESEARCH GRANT: Psychological profile and self-efficacy of at risk students in Malaysian secondary school"* (07-02-04-10035-EAR) RM 174,000
- **(Mohd Sofian Omar Fauzee-Invited Executive member).** *UNESCO-OECD [OECD Teaching and learning International Survey (TALIS)] On Going Research.* /Pusat Kajian Dasar Kementerian Pelajaran (2006-2009). [UNESCO Grant RM 800,000] (Invited Executive member]
- **(Mohd Sofian Omar Fauzee-Invited Executive member).** *Research on "High school Literacy"* with Pusat Kajian Dasar Kementerian Pelajaran (July-Dec 2006). EPRD GRANT On Going Research. (RM 500,000).

- (Mohd Sofian Omar Fauzee-Invited Executive member). *UNESCO-OECD [Investigation of primary school survey with UNESCO/OECD] /Pusat Kajian Dasar Kementerian Pelajaran (2002-2006). [UNESCO Grant RM 400,000].*

## PUBLICATIONS

- **Refereed Journals (57):**

- **Omar-Fauzee, M.S.**, Daud, W.R.B., Abdullah, R., Rashid, S. A. (2009). The effectiveness of imagery and coping strategies in sport performance. *European Journal of Social Sciences*, 9(1), 97-108. [European Journal of Social Sciences is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- **Omar-Fauzee, M.S.**, Lian, T. S., Loon, A.H., Nazaruddin, M.N., Abd Rashid, S. (2009). Application of transtheoretical model to understand the physical activity behavior among women in Klang Valley, Malaysia. *European Journal of Social Sciences*, 9(1), 88-96. [European Journal of Social Sciences is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- **Soh, K. G.**, Soh, K. L., Ruby, H., **Mohd Sofian, O. F.**, Aminuddin, Y. & Marjohan, K. (2009). Comparison of physical profile of Malaysian basketball and netball players by playing position. *African Journal of Physical Education, Health Education, Recreation and Dance*, 15, 278-284.
- Aman, M.S., & **Omar-Fauzee, M.S.** (2009). Malaysian local government involvement in sport and recreation provision. *Research Journal of International Studies*, 10, 32-35. [Research Journal of International Studies is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- Dev, R.D.O., Permal, V., & **Fauzee, M.S.O.** (2009). Rural Urban differences in body image perception, body mass index and dieting behaviour among Malay adolescent Malaysian schoolgirls. *European Journal of Scientific Research*, 34, 69-82. [European Journal of Scientific Research is indexed in Genamics, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, EMNursing, Compendex, GEOBASE, Scopus, and Mosby]
- Sunar, I. G. S., **Omar-Fauzee, M.S.**, & Yusof, A. (2009). The effect of school coaches decision –making style and burnout on school male soccer players. *European Journal of Social Sciences*, 8(4), 673-682. [European Journal of Social Sciences is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]

- **Omar-fauzee, M.S**, N., Kamaruddin, K., Kamaruddin, K., Yusof, A., Geok, S. K., Nazaruddin, M. N., Aman, S., & Slikon, R. H. (2009). What's make university students participate in sports? *European Journal of Social Sciences*, 8, 449-459. [European Journal of Social Sciences is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- Yusof, A., **Omar-Fauzee, M.S.**, Abdullah, M.N.H., & Shah, P.M. (2009). Managing conflict in Malaysian sports organizations. *International Bulletin of Business Administration*, 4, 46-50.
- Nazarrudin, M.N.H., **Omar-Fauzee, M.S.**, Jamalis, M., Geok, S.K., & Din, A. (2009). Coaches leadership styles athlete satisfactions among Malaysian university basketball team. *Research Journal of International Studies*, 9, 4-11. [Research Journal of International Studies is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- Nazaruddin, M.N., **Omar-Fauzee, M.S.**, & Din, A. (2009). Malaysian rugby referees perception on the athletes, coaches, and spectators misconduct: A case study. *European Journal of Social Sciences*, 7, 102-106. [European Journal of Social Sciences is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- Yusof, A., **Omar-Fauzee, M.S.**, Shah, P.M., & Geok, S.K. (2009). Exploring small-scale sport event tourism in Malaysia. *Research Journal of International Studies*, 9, 47-58. [Research Journal of International Studies is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- **Omar-Fauzee, M.S.**, Jamalis, M., Yusof, A., Zarina, M., Dev, R.D.O, Hassan, P.M.U., Norazemi, A.G., Junaidi, A.R., Dewi, A.M., Latiff, R.A., Johar, M., & Nasaruddin, M.N. (2009). College students perception on physical education classes during their high school days. *European Journal of Social Sciences*, 7, 69-76. [European Journal of Social Sciences is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- **Omar-Fauzee, M. S.**, Yusof, A., & Zizzi, S. (2009). College students' attitude towards the utilization of the sport recreation center (SRC). *European Journal of Social Sciences*, 7, 27-41. [European Journal of Social Sciences is indexed in Scopus, Elsevier Bibliographic Databases, EMBASE, Ulrich, DOAJ, Cabell, Compendex, GEOBASE, and Mosby]
- Mohamed, A. D. M, Latif, . A., Kada, L. A., **Omar-Fauzee, M. S.**, & Jamalis, M. (2008). Faktor yang mengalakkan penglibatan siswi di dalam sukan wanita: Satu tinjauan kualitatif [Factors that enhancing the female students participate in women sports: A qualitative observation]. *Malaysian Journal of University Education*, 4, 157-174.
- Soh, K. G., Soh, K. L., Jamalis, M., **Mohd. Sofian, O. F.**, & Lim, P. Y. (2008). Body fat percentage and level of aerobic capacity among students from upper primary school. *Journal of physical Education & Recreation (Hong Kong)*, 14, 58-61.

- **Omar-Fauzee, M.S.**, Lai, W. W., Soh, K. G., & Latif, R. A. (2008). Sport anxiety among high school athletes. *Journal of physical Education & Recreation (Hong Kong)*, 14, 44- 48.
- Soh, K. G., Soh, K. L., **Omar Fauzee, M. S.**, Marjohan, J., Ong, S. L., & Noorzaliza, O. (2008). Body fat and somatotype among Malaysian school sports council netball players by playing position. *African Journal for Physical, Health Education, Recreation and Dance*, 14, 456-462.
- Roslan Hj Salikon, **Mohd Sofian Omar Fauzee**, Ali Bin Muhammad, & Rozita Abd. Latif. (2008). Sumber-sumber keyakinan diri di kalangan atlet-atlet university, *Jurnal Ilmu dan Budaya*, 29, 1308-1323.
- **Omar-Fauzee, M. S.**, See, L. H., Geok, S. K., & Latiff, R. A. (2008). The relationship between the task and ego orientations and coping strategies among universities athletes. *The ICHPER.SD Journal of Research*, 3, 107-111
- Nazaruddin, M. N. H., Mahsar, M., **Fauzee, M. S. O.**, & Jamalis, M.(2008). Pengurusan kokurikulum dan hubungannya dengan penyertaan pelajar sekolah menengah. *Jurnal Pengurusan dan Kepimpinan Pendidikan*, 18, 53-80.
- Roslan Hj. Salikon, **Mohd Sofian Omar Fauzee**, Yap Shook Chin, & Mohd Nizam Asmuni (2008). Participation, motives of barriers to physical activity across different stages of change. *Jurnal Ilmu dan Budaya*, 29, 1191-1203.
- Nazarudin, M. N., **Omar-Fauzee, M. S.**, & Abd Latif, R. (2008).Headmaster's transformational leadership and teacher's organisational commitment in primary school. *The Journal of Global Business Management*, 4, 32-42. [The Journal of Global Business Management is listed in the **CABELL'S & ULRICH'S DIRECTORY**]
- Mastura johar, Rozita Abdul Latif, & **Mohd Sofian Omar Fauzee** (2008). Influence of aerobic exercises on state and trait anxiety among working women in Malaysia: A qualitative study. *EDUCARE: International Journal for Educational Studies*, 1, 67-79.
- **Omar Fauzee, M.S.**, & Asmuni, M. N. (2008). The aggressive behavior among college athletes: A qualitative approach.*International Journal of Psychology*, 43, pg 688. [Impact Factor 0.833 (2009 Thomson Reuters, 2008 Journal Citation Reports)]
- Yusof, Aminuddin, Shah, Parilah M., **Omar-Fauzee, Mohd Sofian** and Abdullah, Muhammad Nazrul Hakim (2008). Sport Tourist Motives: Implications for Market Segmentation and Tourist Destination Selection. *The International Journal of Knowledge, Culture and Change Management, Volume 7, Issue 12*, pp.39-46. [Indexed in Ulrich periodicals directory, Cabell direcyory in management, and sociological abstract]
- **Mohd Sofian Omar Fauzee**, Aminuddin Yusof, & Marjohan Jamalis (2008). The Perspectives of Unconscious Winning Myths in Sports Coaching. *The Journal of Human Resource and Adult Learning, Vol. 4, Num.1*,30-39.

- **Mohd Sofian Omar Fauzee**, Wee akina Sia Seng Lee, Haji sazali Yusof, Mohd Nizam Nazaruddin, & Roslan Haji Salikon (2007). Gaya kepimpinan jurulatih di peringkat sekolah menengah [The leadership style among coaches at high school level]. *Jurnal Pengurusan dan Kepimpinan Pendidikan [The Journal of Education Leadership and Management]*, 17, 39-52.
- Ani Mazlina Dewi Mohamed, Mawarni Mohamed, Ruzli Zairazi, & **Mohd Sofian Omar Fauzee** (2007). Kebimbangan dan kemerosotan prestasi di kalangan atlet lelaki di peringkat universiti [The anxiety and poor performances among male athletes at university level]. *Malaysian Journal of University Education*, 3, 37-56.
- Habibah Elias, Rahil Mahyuddin, Maria Chong Abdullah, Samsilah Roslan, Nooreen Noordin, & **Omar Fauzee** (2007). Emotional intelligence of at risk students in Malaysian secondary school. *The International journal of Learning*, 14 (8), 51-56.
- Salmiah Md Yassin, **Mohd Sofian Omar Fauzee**, Marjohan Jamalis, Mohamad Faithal Hj Hassan (2007). Kesan aktiviti rekreasi mendaki gunung Kinabalu terhadap pelajar-pelajar Program Khas Pensiswazahan Guru (Program Pendidikan Jasmani) di Universiti Putra Malaysia. [The impacof recreational activity of climbing Mount Kinabalu towards the Special Program of upgrading graduate teachers (Physical Education Program) at Universiti Putra Malaysia]. *Journal of Sport and Recreation*, 1, 81-99. (ISSN 1985-2525)
- **Mohd Sofian Omar Fauzee**, Soh Kim Geok, Marjohan Jamalis, Ooi Cheng Lee, Maimunah Muda, & Mohamad Nizam Nazarudin (2007). Keyakinan diri di kalangan atlet sekolah menengah: Sumber, peranan dan implikasi. [Self confidence among high school athletes: Sources, responsibilités, and implications] *Jurnal Penyelidikan Pendidikan*, 9, 142-163.
- Mohd Salleh Aman, **Mohd Sofian Omar Fauzee**, & Mawarni Mohamed (2007). The understanding of meaning and cultural significance of leisure, recreation and sport in Malaysia towards capitalizing human resources. *The Journal of Global Business Management*, 3, 129-135. [The Journal of Global Business Management is listed in the CABELL'S & ULRICH'S DIRECTORY]
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- Marjohan Jamalis & **Mohd Sofian Omar Fauzee** (2007). Developing human value through extracurricular activities. *The Journal of Human Resource and Adult Learning*, 3, 53-60.
- Kamaria Kamarudin & **Mohd Sofian Omar Fauzee** (2007). Attitudes toward physical activities among college students. *Pakistan Journal of Psychological Research*, 22, 43-54.

- **Omar-Fauzee, M.S.**, Ching, J. L., Salikon, R. H. (2007). Leadership and psychological roles of female coaches in sports and physical education. *African journal of Physical, Health Education, Recreation and Dance*, 13, 59-70.
- **Mohd Sofian Omar Fauzee**, Habibah Elias, Noreen Nordin, Rahil Mahyuddin, Samsilah Roslan, Maria Chong & Maimunah Muda. (2006). The behavior problems of at-risk school children. *Jurnal Penyelidikan Pendidikan [Journal of Education Research]*, 8, 1-14.
- Mohamed, M., **Fauzee, M.S.O**, Soon, L.T., Jusoh, Z., & Zainudin, R. J. A. (2006). Persepsi guru Sukan terhadap aspek keselamatan dalam program Sukan [Sport's teacher perception towards safety aspect in sport program] *Malaysian Journal of University Education*, 1, 73-90.
- **Omar-Fauzee, M.S.**, & Muraleedharan, V. (2006). Understanding the role of sport in enhancing self-esteem among high school and college athletes in Malaysia: some initial postulations. *Malaysian Journal of Sport Science and Recreation*, 2, 83- 103.
- Lim, B.H & **Omar-Fauzee, M.S.** (2005). Use of imagery by varsity athletes. *International Council for Health, Physical Education, Recreation, Sport and Dance*, XLI, 34-38.
- **Omar-Fauzee, M.S.** & Abdul-Razak, S.N. (2005). Goal orientation and beliefs about causes of sport success among Malaysian athletes. *African Journal for Physical, Health Education, Recreation and Dance*, 11, 112-120.
- **Omar-Fauzee, M.S.**, Hooi, L. E, Yum, T. C, & Govindan, J. K (2005). Exercise behavior change among students of an institution of higher learning Malaysia. *Journal of International Council For Health, Physical Education, Recreation, Sport and Dance*, XXI, No.1, 37-42.
- **Fauzee, M. S. O.**, & Ali, H (Summer 2004). Transtheoretical Model Reassessed in light of emergence of the proselytizing stage: Examination of exercise behaviour of Malaysian high school students. *Journal of International Council For Health, Physical Education, Recreation, Sport and Dance*, XL, 29-33.
- Ang Ha Loon, **Mohd. Sofian Bin Omar Fauzee**, Bahaman Abu Samah, & Sheikh Kamarudin Sheikh Ahmad (2003). Satu tinjauan tentang motif penglibatan pelajar sekolah menengah dalam aktiviti fizikal di daerah KULIM Bandar Baharu, Kedah Darul Aman. [An examination of participating motives among secondary school children in Kulim, District in Kedah Darul Aman] *Jurnal Penyelidikan Pendidikan [Educational Research Journal]*, 5, 138-153.

- Vellapandian Ponnusamy & **Mohd. Sofian Omar Fauzee** (2003). Coping strategies in sports. *Jurulatih: Buletin Lembaga Kejurulatihan Kebangsaan [Coaching: National Board of Coaching Bulletin] 2003*. Kuala Lumpur: Majlis Sukan Negara
- NurAishah, A., & **M.S. Omar-Fauzee** (2003). Exercise adherence: Preventing dropouts through rational emotive behavior therapy. *Journal of International Council For Health, Physical Education, Recreation, Sport and Dance*, XXXIX (4), 48-51.
- Govindarajen a/l Danial, Oii Cheng Lee, & **Mohd. Sofian Omar Fauzee** (2003). Motif penglibatan dalam sukan di kalangan pelatih diploma sains sukan pengambilan 2000 Maktab Perguruan Ilmu Khas Kuala Lumpur [Participation motif in sport among the sport science diploma trainees of intake 2000 at Specialist Teaching College Kuala Lumpur]. *Malaysian Association for Physical Education, Sport Science and Fitness Journal*, 3, 41-57.
- Yusof, A., & **Omar-Fauzee, M.S.** (2003), Perceptions of Malaysian college students about sport participation constraints. *Journal of International Council For Health, Physical Education, Recreation, Sport and Dance*, XXXIX (3), 32-36.
- **Nurfarah, G. A., & Omar Fauzee, M.S.** (2003). Improving sport performances through team cohesiveness. *Journal of International Council For Health, Physical Education, Recreation, Sport and Dance*. XXXIX (3), 37-41.
- **Omar Fauzee, M.S.** (2002). Exercise behaviours among a sample of foreign students living abroad: An examination of the Transtheoretical Model. *Journal of International Council For Health, Physical Education, Recreation, Sport and Dance*. XXXVIII, 58-64
- **Omar Fauzee, M. S., Ujang, A.F.H. & Latif, A.L.** (2002). Hubungan antara penampilan diri dan tahap kebimbangan individu [The relationship between self appearance and individual anxiety ] *Malaysian Association for Physical Education, Sport Science and Fitness Journal*, 2, 7-17
- **Omar Fauzee, M.S. & Zahid, M.K.** (2002). Kepentingan motivasi terhadap penglibatan atlet dalam aktiviti sukan.[The importance of motivation on the sports participation among athletes] *Malaysian Association for Physical Education, Sport Science and Fitness Journal*, 2, 33-47.
- **Mohd Sofian Omar Fauzee, Siti Nazariah Abdul Razak, & Mohd Safrushahar Yusoff** (2001). Latihan kata-kendiri dalam membantu tekanan fungsi kognitif untuk mempertingkatkan prestasi atlit [Self-talk practices to overcome pressure and cognitive function for improving athletes performances] *Malaysian Association for Physical Education, Sport Science and Fitness Journal*, 1, 21-32.

- **Mohd. Sofian Omar Fauzee & Choo Yong Chek (2001).** Bagaimana penggunaan teori efikasi diri boleh meningkatkan tahap keyakinan diri atlit wanita? [How self-efficacy theory helps to improve women athletes self-confidence?] *Malaysian Association for Physical Education, Sport Science and Fitness Journal*, 1, 51-60.
  - **Omar-Fauzee, M. S., Pringle, A., & Lavalley, D. (1999).** Exercise behavior change and the effect of lost resources. *Journal of Personal & Interpersonal Loss*, 4, 281-293.
  - **Omar-Fauzee, M. S., Lavalley, D., Nesti, M., Mahoney, C. A. (1998).** Social psychological factors influencing exercise behaviour change among students in an unfamiliar environment [Paper presented]. *Book of Abstracts of Annual conference of Social Psychology Section of the British Psychological Society*, University of Kent, England, 84.
  - Lavalley, D., & **Omar Fauzee, M. S. (1997).** Title IX and gender (In) equity. *Contemporary Psychology*, 42, 1022.
  - **Mohd. Sofian Bin Omar Fauzee (1992, Jun).** Motivasi berterusan menjamin kecemerlangan pendidikan. *Jurnal Pendidikan Bahagian Pelajaran Menengah MARA*, 6-9
- **Books (40):**
- **Mohd Sofian Omar Fauzee, & Rosemady Muhamad (2009).** *Kaedah mengajar pendidikan jasmani: Dril olahraga & rentas desa [Teaching methodology in physical education: track and cross country drills]*. Shah Alam: Karisma Publications.
  - **Mohd Sofian Omar Fauzee, & Zainuddin Che Mat (2009).** *Kaedah mengajar pendidikan jasmani: Dril acara padang [Teaching methodology in physical education: Field drills]*. Shah Alam: Karisma Publications.
  - **Mohd Sofian Omar Fauzee, Mohd Jamaluddin Ghazali, & Mohd Nizam Asmuni (2009).** *Kaedah mengajar pendidikan jasmani: Dril sepak takraw [Teaching methodology in physical education: Sepak takraw drills]*. Shah Alam: Karisma Publications.
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- **Mohd. Sofian Omar Fauzee** (1994, Jan). Tingkatkan martabat melalui bolasepak [Increase your prestige through football] *Arena Bolasepak [FootballArena]*, 60-61 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Dis). Pemain tidak harus bermasam muka [Players should not have confrontation] *Arena Bolasepak [Football Arena]*, 60-61 (ISSN1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Nov). Jurulatih, pemain atasi masalah [Coach, players should overcome problems] *Arena Bolasepak [Football Arena]*, 60-61 (ISSN 1675-0535) (2 pages).

- **Mohd. Sofian Omar Fauzee** (1993, Okt). Jurulatih jangan kedekut ilmu [Coaches should not be too stingy with their knowledge] *Arena Bolasepak [Football Arena]*, 60-61 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Sept). Jurulatih bukan hanya melatih [Coaches job is not only coaching] *Arena Bolasepak [Football Arena]*, 58-59 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Ogos). Jurulatih perlu wawasan [Coaches need visions] *Arena Bolasepak [Football Arena]*, 30-31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Julai). Perlu kawal diri [Control yourself] *Arena Bolasepak [Football Arena]*, 30-31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Jun). Belajar mencari kelebihan diri [Learning to search for self-specialty] *Arena Bolasepak [Football Arena]*, 86-87 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, May). Putus asa membawa padah [Troubles with giving-up jobs] *Arena Bolasepak [Football Arena]*, 30- 31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, April). Berlatih sambil mendengar muzik [Training with music] *Arena Bolasepak [Football Arena]*, 30-31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Mac). Lagi tips untuk jurulatih: Perlu latihan berbeza [More tips for coaches: Training needs variety] *Arena Bolasepak [Football Arena]*, 24-25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Feb). Pemain perlu dipuji [Players should be given reinforcement] *Arena Bolasepak [Football Arena]*, 24- 25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1993, Jan). Atasi disiplin pemain [Overcome players discipline problems] *Arena Bolasepak [Football Arena]*, 24-25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Dis). Cedera rungsingkan pemain [Injury create problems to athlete] *Arena Bolasepak [Football Arena]*, 24- 25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Nov). Bagaimana jadi jurulatih? [How to be a coach?] *Arena Bolasepak [Football Arena]*, 24-25 (ISSN 1675-0535) (2 pages).

- **Mohd. Sofian Omar Fauzee** (1992, Okt). Sesi latihan perlu kesungguhan [Training session needs more effort] *Arena Bolasepak [Football Arena]*, 24-25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Sept). Perlu keyakinan diri [Need self-confident] *Arena Bolasepak [Football Arena]*, 24-25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Ogos). Kenapa gagal jaringkan gol [Why failed scoring goal?] *Arena Bolasepak [Football Arena]*, 24-25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Julai). Keganasana sukan: Perlu dibendung dari mula [Sports violence: Should be avoided from the start] *Arena Bolasepak [Football Arena]*, 24-25 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Jun). Keganasan sukan: Tidak untungkan sesiapa [Sport violence: Is not profitable] *Arena Bolasepak [Football Arena]*, 30-31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, May). Keganasan sukan (bahagian pertama) [Sport violence (first part)] *Arena Bolasepak [Football Arena]*, 92-93 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Mac). Membentuk pemikiran rasional [Developing a rasional thinking] *Arena Bolasepak [Football Arena]*, 30-31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Feb). Jurulatih perlu ilmu [Coaches need knowledge] *Arena Bolasepak [Football Arena]*, 30-31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1992, Jan). Pemain dan jurulatih tidak ada motivasi tinggi [Players and coaches do not have motivation] *Arena Bolasepak [Football Arena]*, 30-31 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, Dis). Peranan perasaan dalaman [The impact of inner self] *Arena Bolasepak [Football Arena]*, 52-53 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, Nov). Motivasi pengaruhi kecemerlangan permainan bolasepak [Motivation affects the players excellance in football] *Arena Bolasepak [Football Arena]*, 52-53 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, Okt). Warm up: Sejauh manakah keberkesanannya terhadap atlit bolasepak? (Bahagian akhir) [Warm up: How effective it is to footballers? (final part)] *Arena Bolasepak [Football Arena]*, 52-53 (ISSN 1675-0535) (2 pages).

- **Mohd. Sofian Omar Fauzee** (1991, Sept). Warm up: Sejauhmanakah keberkesanannya terhadap atlit bolasepak? (Bahagian satu) [Warm up: How effective it is to footballers?(final part)] *Arena Bolasepak* ,52-53 (ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, Ogos). Pengadil perlu pemikiran positif [Referees need positive thought] *Arena Bolasepak [Football Arena]*. 52-53(ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, Julai). Nervous: Musuh No 1 atlit dan jurulatih [Nervous: Number 1 enemy for athletes and coaches] *Arena Bolasepak [Football Arena]*. 52-53(ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, April). Nervous: Punca pemain panas baran, musuh utama dalam bolasepak (Bahagian kedua) [Nervous: Reason for players to be aggressive, the enemy for footballers (part two)] *Arena Bolasepak [Football Arena]*. 52-53(ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, Mac). Nervous: Masalah besar kepada pemain (bahagian satu) [Nervous: Big problems for players (Part one)] *Arena Bolasepak [Football Arena]*. 24-25(ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, Feb). Utamakan sains sukan: Kaji semula sistem kejurulatihan? [Give priority to sport sciences: More research on coaching system?] *Arena Bolasepak [Football Arena]*. 52-53(ISSN 1675-0535) (2 pages).
- **Mohd. Sofian Omar Fauzee** (1991, April 10). Talk back column: Take 'em younger for better result. *The New Straits Times*, 46 (1 page).
- **Mohd. Sofian Omar Fauzee** (1991, Jan 16). Talk back column: Talk competently for a jolly good shows. *The New Straits Times*, 46 (1 page).
- **Mohd. Sofian Omar Fauzee** (1991, Jan 16). Talk back column: Choose right staff first. *The New Straits Times* (1 page).
- **Mohd. Sofian Omar Fauzee** (1990, Dec 19). Talk back column: Bravo fast gold is foul gold. *The New Straits Times* (1 page).
- **Mohd. Sofian Omar Fauzee** (1990, Mei 24). Burnout di kalangan jurulatih tidak boleh dibiarkan. *Utusan Malaysia*, 7, (1 page).

## CONSULTATIONS

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Consultations Work for Sports Development Laboratory, Sports Academy UPM:

- AFC Women's Licence 'A' Coaching Certificate Course (Invited speaker) 29 November 2007, PJ Hilton, Kuala Lumpur.
- Sport Psychology Consultant (2007) for Felda United for mental preparation for FAM Cup season 2006/2007.
- Consultation: Meeting with Director of Sports Division, Ministry of Culture, sports and Youth at Bandar Seri Begawan, Brunei Darussalam, 16 Jan-19 Jan 2007 (Paid By Ministry of Culture, Sports and Youth, Brunei Darussalam).
- Consultation with Kesatuan Ragbi Malaysia for the joint venture refereeing and coaching courses (Sept 2006 - current)
- Consultation with the Majlis Sukan Selangor for "Talent Identification" Program for SelanGor under 20 players (Sept 2006 - current)
- Consultation with TLDM at Lumut Based for the "Sports injury program" 26-28 July 2006
- Consultation with the PKNS football team for mental training program (June 2006) for football premier league team.

#### **Associate Consultations:**

- Making weight for athletes and never give up (Speaker) for Coaches of Majlis Sukan Wilayah Persekutuan at Putra Jaya Hall, Precint 9 on 13 August 2009.
- Winning the game (Speaker) Building up motivation for Felda United players (Speaker) organised by Sports Academy & Felda United, at BSN Training Center, 2 April 2008.
- Building up motivation for Felda United players (Speaker) organised by Sports Academy & Felda United, at BSN Training Center, 18 January 2008.
- *Focus Group* discussion on Women Developments Action Plan (Member), Organised by Ministry of Women Development and Welfare, at Dewan Nur,
- *Retreat* Akademi Sukan - FELDA United (Member), organised by Sports Academy at Cyberview Lodge Resort & Spa, Cyberjaya, 23 December 2007
- Motivation program for FELDA FC (Speaker), Organised by Sports Academy at Sports Center UPM, 10 August 2007.
- Sports Periodisation Course: Preparation for Training (Speaker). Organised by Sports Academy and Sports Center UPM 11-13 March at UPM Convention Center.

- Emotion and Stress Management Course: Stress Management at work place (Speaker). Organised by Sports Academy & Royal Navy Malaysia, at Maluri Hotel Cheras, Kuala Lumpur, 4 – 7 Mac 2008.
- Sports Periodisation Course: Preparation for Training (Speaker). Organised by Sports Academy & Royal Navy Malaysia, at Kuala Lumpur International Hotel, Kuala Lumpur, 26 – 29 Februari 2008.
- Sports Periodisation Course: Preparation for Training (Speaker). Organised by Sports Academy & Royal Navy Malaysia, at Kuala Lumpur International Hotel, Kuala Lumpur, 26 – 29 Februari 2008.
- Emotion and Stress Management Course: Stress Management at work place (Speaker). Organised by Sports Academy & Royal Navy Malaysia, at Kuala Lumpur International Hotel, Kuala Lumpur, 27 Feb – 2 Mac 2007.
- Application of Sports Psychology: Building self-confidence (Speaker). Organised by Sports Academy & Royal Navy Malaysia, at Hotel City Park, Melaka, 25 – 28 Jun 2007.
- Application of Sports Psychology: Testing in psikology (Speaker). Organised by Sports Academy & Royal Navy Malaysia, at Hotel City Park, Melaka, 25 – 28 Jun 2007
- Fitness test and Masurement course: Measurement of psychological variabkles (Speaker). Organised by Sports Academy & Royal Navy Malaysia, at TLDM Lumut, 23-26 October 2007.
- Drug Abuse in Sports: Winning skill without drugs. Organised by Sports Academy & Royal Navy Malaysia, at TLDM Lumurt, Hotel Midah, Kuala Lumpur, 23-26 October 2007.

## **STUDENTS WHO HAVE GRADUATED**

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### **Ph.D Levels:**

Azita Amrin (2008) Penilaian Pelajar Terhadap Kompetensi Pemimpin Program Pendidikan Luar Di Institut Pendidikan Guru Malaysia.

Norzah Abd Ghani (2009) Imagery used by Bukit Jalil Sports School Athlete

Asiah Md. Pilus(2009) Sport Scape and satisfaction among spectators

**Masters Levels:**

- Subramaniam a/l Ratnam (2001). *Kajian penggunaan model transteoretikal dan tingkah laku pelajar-pelajar tingkatan enam di sebuah sekolah menengah di Klang, Selangor [The examination of transtheoretical model and exercise behavior among form six students at one school in Kelang, Selangor]*. Master Sains, Universiti Putra Malaysia.
- Teng Siew Lian (2001) *Satu tinjauan motivasi penglibatan dalam sukan dengan perkaitannya dengan orientasi gol di kalangan pelatih diploma pendidikan jasmani Maktab Perguruan Ilmu Khas, Kuala Lumpur [The investigation of participation motives and their relationships with goal orientations among the physical education's diploma teachers training students at Maktab Perguruan Ilmu Khas]*. Master Sains, Universiti Putra Malaysia.
- Tan Cheow Yum (2000). *Sumber keyakinan diri dikalangan pelajar-pelajar pendidikan jasmani Universiti Putra Malaysia [The sources of self confidence among Universiti Putra Malaysia's physical education students]*. Master Sains, Universiti Putra Malaysia.
- Tan Kar Heng (2000). *Penggunaan "Transtheoretikal Model" dan tingkah laku senaman pekerja di salah sebuah kilang elektronik di Bandar Baru Bangi [Using the transtheoretical model to examine the exercise behavior among workers at the electronic factory in Bandar Baru Bangi]*. Master Sains, Universiti Putra Malaysia.
- Noor Bahar Mohd Azhar (2002) *Faktor-faktor penglibatan bersukan di kalangan guru pelatih diploma perguruan Malaysia Maktab Perguruan Tun Abdul Razak, Kota Samarahan Sarawak: Satu Kajian Tinjauan [The factors of participation in sports among the diploma student teachers at Tun Abdul Razak teachers college, Kota Samarahan, Sarawak: An investigation]*. Master Sains, Universiti Putra Malaysia.
- Ishak Othman (2002) *Motivasi penyertaan atlet dalam sukan di daerah Klang, Selangor Motivasi penglibatan dalam sukan [Participation motives in sports among Klang district, Selangor students]*. Master Sains, Universiti Putra Malaysia.
- Oii Cheng Lee (2002) *Sumber keyakinan diri di kalangan atlet bola jaring Zon Selatan, Wilayah Persekutuan [The self confidence sources among Southern zone, Wilayah Persekutuan netball players]*. Master Sains, Universiti Putra Malaysia.
- Ang Ha Loon (2002) *Tinjauan motif penglibatan pelajar-pelajar sekolah menengah daerah Kulim Bandar Bharu, Kedah dalam aktiviti fizikal [The investigation of participation motives among students at the high schools in Kulim Bandar Bharu district, kedah in physical activity]*. Master Sains, Universiti Putra Malaysia.

- Mohd Safrusshahar Bin Yusof (2002) *Analisis tiga-dimensi kinematik servis sepak sila dan servis sepak kuda dalam sepak takraw [The three dimension of Kinematic sepak sila and sepak kuda services in sepak takraw]*. Master Sains, Universiti Putra Malaysia.
- Sulaiman Ibrahim (2003) *Tahap anxiety di kalangan guru-guru pelatih semasa menjalani aktiviti berkayak dalam program bina insan guru. The anxiety level of teachers trainers during the kayaking activity]*. Master Sains, Universiti Putra Malaysia.
- Lim Boon Hooi (2003) *Penggunaan kemahiran imageri ke atas pasukan yang bertanding dalam pertandingan sukan Persatuan Kolej-kolej Swasta Malaysia (MAPCO) [The uses of imagery among teams that participate in Private Institutions competitions (MAPCO)]*. Master Sains, Universiti Putra Malaysia.
- Ruzli Raizazli (2003) *Keyakinan diri atlet sukan berpasukan di Universiti Tenaga Nasional [The team sport athletes self confidence in Universiti Tenaga Nasional]*. Master Sains, Universiti Putra Malaysia.
- Mustafa Kamal Bin Mohammed Zahid (2003) *Kepentingan motivasi penglibatan di kalangan atlet remaja dalam aktiviti sukan [The benefits of participation motives among adolescence in sports]*. Master Sains, Universiti Putra Malaysia.
- Zahari Bin Zakaria (2003) *Perilaku kepimpinan jurulatih dan kesepaduan pasukan dalam sukan ragbi peringkat Majlis Sukan Sekolah-sekolah Kedah [The effect of coaching leadership and team cohesiveness in rugby at the Kedah school councils]*. Master Sains, Universiti Putra Malaysia.
- Tan Choo Zen (2004) *Masalah sosial dan kesannya terhadap penglibatan dalam kegiatan fizikal dan rekreasi di kalangan lelaki muda Melayu di Kuala Lumpur [The social problems and its impact towards physical activity and recreation among young Malay male in Kuala Lumpur]*. Master Sains, Universiti Putra Malaysia.
- Hafidzah Abd. Khafidz (2004) *Kajian tingkahlaku senaman guru pelatih pada peringkat pra pertimbangan dan pertimbangan : Aplikasi Model Transteoretikal [The examination on students teachers on pre contemplation and contemplation stages : The application of transtheoretical model]*. Master Sains, Universiti Putra Malaysia.
- Balkaran A/L Arumugam (2004) *Perbandingan gender terhadap tingkah laku kepimpinan sukan yang digemari atlet remaja di daerah Hulu Selangor, Selangor [The comparison between gender and the leadership style that perceived by adolescence athletes in Hulu Selangor, Selangor]*. Master Sains, Universiti Putra Malaysia.

- Aris Fazil Ujang (2005). *Kebimbangan prapertandingan dan orientasi matlamat dalam kalangan peserta merentas desa [The anxiety and orientation motives among the distance runners]*. Master Sains, Universiti Putra Malaysia.
- Wee Akina Sia Seng Lee (2008). *Perbandingan tingkah laku senaman di kalangan pensyarah bujang dan sudah berkahwin di institusi pengajian tinggi awam (IPTA) [The comparison between married and bachelor lecturers on exercise at public higher institutions]*. Master, Universiti Putra Malaysia.

## UNDERGRADUATE STUDENTS FINAL YEAR PROJECT

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- Hasnidar Gharaf (2004) *Perbandingan kata-kata rangsangan positif dalam sukan di kalangan pelajar lelaki dan wanita bacelor pendidikan-pendidikan jasmani, dalam aktiviti fizikal dan sukan. [The comparison of positive reinforcement between male and female physical education undergraduate in physical activity]*. Final year project paper, Universiti Putra Malaysia.
- Hashimah Shari (2004). *Kajian kes : pengaruh motivasi dalam penglibatan sukan dan aktiviti fizikal pelajar wanita bacelor pendidikan( pendidikan jasmani ) Universiti Putra Malaysia. [Case study: The motivational influence among women physical education college students towards physical activity at Universiti Putra Malaysia]*. Final year project paper, Universiti Putra Malaysia.
- Anuar Othman. (2004) *Keagresifan di kalangan atlet. [Aggression among athletes]*. Final year project paper, Universiti Putra Malaysia.
- Ahmad Jalaludin hanafi (2004) *Keyakinan diri dan prestasi atlet: Kajian kualitatif.[Self confident and athletes performance: A qualitative research]*. Final year project paper, Universiti Putra Malaysia.
- Salmiah Md Yasin (2004) *Kesan aktiviti rekreasi mendaki gunung kinabalu terhadap latihan keguruan bagi pelajar-pelajar program khas pensiswazahan guru (program pendidikan jasmani) di Universiti Putra Malaysia. [The effect of climbing Mount Kinabalu towards the physical education special program in Universiti Putra Malaysia]*. Final year project paper, Universiti Putra Malaysia.
- Siti Herni Ros Abu Bakar (2006). *Hubungan antara trait personaliti dengan penglibatan pelajar Universiti Putra Malaysia dalam sukan [The relationship between trait personality and participation in sports among Universiti Putra Malay.sia students]* Final year project paper, Universiti Putra Malaysia.
- Kamarul Azmi Wahab (2006). *Pengaruh motivasi intrinsik dan ekstrinsik terhadap penglibatan pemain bolasepak daerah Jerantut, Pahang Darul Makmur [The*

*influence of intrinsic and extrinsic motivation towards football participation among Jerantut, Pahang, footballer].* Final year project paper, Universiti Putra Malaysia.

- Muharam Zainuddin (2006). *Kajian kes terhadap tahap kebimbangan somatic dan kognatif serta tahap keyakinan diri di kalangan pemain akademi bola sepak Negeri Sembilan [A case study of somatic and cognitive anxiety and self confidence among Negeri Sembilan football academic players].* Final year project paper, Universiti Putra Malaysia.
- Muharam Zainuddin (2006). *Kajian kes terhadap tahap kebimbangan somatic dan kognatif serta tahap keyakinan diri di kalangan pemain akademi bola sepak Negeri Sembilan [A case study of somatic and cognitive anxiety and self confidence among Negeri Sembilan football academic players].* Final year project paper, Universiti Putra Malaysia.
- Nor Hazlila Haji Yusof (2007). *Sikap mahasiswa tahun satu terhadap aktiviti fizikal [The attitude of the freshman towards physical activity].* Final year project paper, Universiti Putra Malaysia.
- Lim Lai Hoon (2007). *Kajian perbandingan pencapaian akademi pelajar atlet dan bukan atlet di Sekolah Menengah Kebangsaan Sultan Abdul Aziz Shah, Kajang, Selangor. [Comparing the academic achievements between athletes and non-athletes at Sultan Abdul Aziz Shah secondary school, Kajang, Selangor].* Final year project paper, Universiti Putra Malaysia.
- Suriati Mohamad Nor (2007). *Tinkahlaku senaman di kalangan guru sekolah-sekolah daerah Hulu Terengganu: Aplikasi Model Transteoretikal [The teachers exercise behavior at Hulu Terengganu district: an application of the transtheoretical model].* Final year project paper, Universiti Putra Malaysia.
- Norazillah Ibrahim (2008) *Motif penglibatan atlet paralimpik dalam sukan [The motive of participations among paralympian] [The comparison among the sources of self-confidence].* Final year project paper, Universiti Putra Malaysia.
- Lily anak Kada (2008) *Punca-punca yang mempengaruhi penglibatan wanita dalam sukan [The reasons of why women participate in sports].* Final year project paper, Universiti Putra Malaysia.
- Ali Muhammad (2008) *Perbandingan sumber-sumber keyakinan diri atlet-atlet universiti. [The comparison among the sources of self-confidence].* Final year project paper, Universiti Putra Malaysia.
- Lydiawati Mansor (2008). *Faktor yang mempengaruhi perubahan tingkah laku remaja terhadap penglibatan dalam aktiviti fizikal [The factors that influence adolescence in participating physical activities].* Final year project paper, Universiti Putra Malaysia.

- Razif Ismail (2008) *Faktor yang mempengaruhi remaja aktiviti fizikal di Kuantan, Pahang [The factors that influence physical activities among adolescence in Kuantan, Pahang]*. Final year project paper, Universiti Putra Malaysia.
- Norhidayah Mustafa (2008). *Tahap perubahan di kalangan pelajar sekolah menengah [The stages of change among high school students]*. Final year project paper, Universiti Putra Malaysia.
- Rozita Manja (2008) *Strategi penyesuaian apabila tewas. [Coping strategies when losing]*. Final year project paper, Universiti Putra Malaysia.
- Yap Siew Geok (2008). *Perhubungan Antara Kecerdasan Emosi Dan Tahap Kebimbangan Di Kalangan Atlet [The relationship between emotional Intelligence and anxiety among athletes]*. Final year project paper, Universiti Putra Malaysia.
- Zulkifli Mohamad (2009). *Kesepaduan dan hubungannya dengan motivasi pemain bagi pasukan bolasepak Universiti putra Malaysia [The relationship between cohesiveness and motivation for Universiti putra Malaysia football team]*. Final year project paper, Universiti Putra Malaysia.
- Mohd Airu Nizam Rani (2009). *Kekuatan sendiri dan strategi penyesuaian di kalangan pemain bolasepak kelab bolasepak KL Plus [Self talk and coping strategies among KL Plus players]*. Final year project paper, Universiti Putra Malaysia.
- Fazriq Ahmad Nawawi (2009). *Tahap kekuatan mental dan kesediaan bertanding di kalangan pemain bolasepak remaja [Mental strength and their readiness to compete among adolescence football players]*. Final year project paper, Universiti Putra Malaysia.
- Idham Fairuz Bin Dermer (2009). *Faktor yang memotivasikan guru ketika mengajar di sekolah rendah dan menengah di daerah Seremban [Factors that motivating teachers at primary and high school in Seremban district]*. Final year project paper, Universiti Putra Malaysia.
- Shamsul Mohamad (2009). *Sikap pemain yang mencabar kredibiliti jurulatih bolasepak bawah 18 tahun di Negeri Sembilan [Players attitude that challenge the coaches credibility under 18 fooball players in Negeri Sembilan]*. Final year project paper, Universiti Putra Malaysia.
- Suzeli Mahadi (2009). *Tahap kekuatan mental pemain ragbi SBPI di kejohanan peringkat kebangsaan [The SBPI rugby players mental strength in the National competition]*. Final year project paper, Universiti Putra Malaysia.

## THESIS SUPERVISIONS

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### Ph.D Students:

Mastura Johar (Chairman)	Psychological and Physiological value from aerobic programme
Raweewat (Chairman)	Imagery and motor abilities
Hyder Mohsin (Chairman)	Cooperative learning in Teaching Volleyball skills

### Masters Students:

Norashikeen Mohamad	:	Mood states among netball players
Mohamad Nizam Asmuni	:	Mental Strength among Malaysian Football Players
Aleah Mohamad	:	Participation motives and barriers among high school students towards exercise participation
Mat Lani Mohamad	:	Burnout among physical education teachers
Megat Azahan Megat Mohamad	:	Transtheoretical model: Exercise behaviors among teachers

## THESIS EVALUATION

---

- Nora Abdul Rahman (2006). *Profil pelancong sukan di tasik Kenyir: Implikasi ke atas strategi pemecahan pasaran dan pemilihan destinasi pelancongan*. Master thesis, Universiti Putra Malaysia. (Viva Chairman).
- Nurzima Zaihan Pi'l (13 jun 2007). (Pengerusi) *Tekanan dan Kepuasan Kerja di Kalangan Doktor-Doktor Perubatan di Hospital Universiti Kebangsaan Malaysia (HUKM)* Master tesis. Universiti Putra Malaysia (Viva Chairman).
- Ang Kean Koo (2006) (Chairman). *Kompetensi setiausaha sukan dan amalan pengurusan risiko serta keselamatan program sukan sekolah menengah di Malaysia. [The sports secretary competency and the the risk-safety in the sports program at Malaysian hgh school]* Ph. D Thesis. UPM [Viva Chairman].

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## TEACHING RESPONSIBILITIES

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- EDU 5502 Master program: Sport psychology and physical activity
  - 1999/2000 (7 students)
  - 2000/2001 (8 students);
  - 2001/2002 (6 students);
  - 2002/2003 (7 students);
  - 2004/2005 (5 students);
  - 2006/2007 (5 students)
  - 2007/2008 (4 students)
  - 2008/2009/1(6 students)
  - 2008/2009/2 (11 students)
  
- EDU 5504 Master program: Individual and Team Sport Psychology
  - (2000/2001 (5 students);
  - (2001/2002 (5 students)
  
- EDU 3070 Practical teaching observation major
  - 1999/2000 (12 students),
  - 2000/2001 (12 students);
  - 2002/2003 (11 students);
  - 2003/2004 (12 students);
  - 2006/2007 (6 students);
  - 2007/2008 (5 students)
  - 2008/2009 (6 students)
  
- EDU 3072 Practical teaching minor
  - 1999/2000 (12 students),
  - 2000/2001 (12 students);
  - 2002/2003 (11 students);
  - 2003/2004 (12 students);
  - 2006/2007 (6 students);
  - 2007/2008 (5 students)
  - 2008/2009 (6 students)
  
- EDU 3527 Undergraduate writing in Physical education
  - 2004/2005 (5 students);
  - 2006/2007 (4 students);
  - 2007/2008 (8 students)
  - 2008/2009 (6 students)
  
- Undergraduate EDU 3518: Sport Psychology

2000/2001 (50 students);  
 2002/2003 (46 students);  
 2004/2005 (46 students);  
 2006/2007 (53 students);  
 2007/2008 (54 students)

- Undergraduate: EDU 3517 Sport Sociology  
 2002/2003 (56 students)
- Undergraduate: EDU 3050 Co-Curriculum  
 (1999/2000 (150 students);  
 2000/2001 (160 students);  
 2002/2003 (120 students);  
 2003/2004 (150 students)  
 2007/2008 (120 students)  
 2008/2009 (70 students)
- Undergraduate: EDU 3052 Co-curriculum  
 2002/2003 (80 students);  
 2003/2004 (70 students);  
 2004/2005 (80 students)
- Undergraduate: EDU 3044 Education Research Methodology  
 2003/2004(102 students [PKPG & Mainstream]);  
 2006/2007 (87 students [PKPG & Mainstream]).

## STUDENTS EVALUATION

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EDU 3044	Nov 2003/2004	Mean= 4.5	sd=.33
EDU 3044	Nov 2004/2005	Mean= 4.49	sd=.41
EDU 3518(2)	July 2004/2005	Mean= 4.48	sd=.21
EDU 3518(1)	July 2004/2005	Mean= 4.55	sd=.39
EDU 3518	July 2007/2008	Mean= 4.49	sd=.40
EDU 3044 (1)	Nov 2003/2004	Mean= 4.13	sd=.41
EDU 3050	July 2004/2005	Mean= 4.19	sd=.39

EDU 3050	Nov 2004/2005	Mean= 4.26	sd=.38
EDU 3518	Nov 2008/2009	Mean 4.667	sd=0.34

## SUPPORTED CONFERENCE TRAVELLING GRANTS

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- **M.S. Omar Fauzee** (20-28 Julai 2008). *Aggressiveness among Malaysian athletes*. Poster presented at XXIX International Congress of Psychology 2008, Berlin, Germany (UPM Grant RM14,821.20)
- **Mohd. Sofian Omar Fauzee (LEADER)**, Aminuddin Yusof, Salleh Aman, Roslan Hj Salikon, & Hafidzah Kahfi (3-6 Julai 2007). *Does imagery enhance athletes performances?*. Paper presented at di Xth European Congress of Psychology, Prague, Czech Republik pada 3-6 Julai 2007. Geran UPM vot 13001: UPM/AK/3/Bhg.5 = RM 11,321.00)
- **Omar-Fauzee, M.S.**, Kamaruddin, K. (2006). **(LEADER)** *How Malaysian's college students perceived physical activity*. Program and Abstract of 13<sup>th</sup> Commonwealth International Sport Conference 9-12 March 2006 at Moonee Valley Racing Club, Melbourne, Australia. (UPM Grant RM 6,199.00)
- **M.S. Omar Fauzee & Aziz, S** (11-15 April 2003). *Perception towards the success and failure among youth footballers*. Poster presented at Science and Football 5<sup>th</sup> World Congress at Technical University of Lisbon, Portugal. (Sponsored by UPM RM 6935.00)
- **M.S.Omar Fauzee** (27-30 Oct, 2002) *The investigation among high school students in Malaysia*. Paper presented at the 9<sup>th</sup> World Sport for All Congress (27-30 October 2002). (UPM'S SHORT TERM GRANT RM 10,000).
- **Mohd. Sofian Omar Fauzee & Mohamed Mustafa Ishak** (June, 2001) Sport and nation-building in Malaysia: A socio-political perspective [Paper presented] . *Abstract of The Nation & Sport Conference*. Department of Sport Science, Brunel University, London. (Sponsored by UPM RM 4,800).

## Ph.D FUNDING

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- **Mohd. Sofian Bin Omar Fauzee** (2001). *Theoretical issues of exercise: Implication and examination of the transtheoretical model*. Ampang: Salafi. (PH.D THESIS FUNDING FROM UPM RM 300,000)

- **Omar-Fauzee, M. S.**, Pringle, A., & Lavalley, D. (1999). Exercise behaviour change and the effect of lost resources. *Journal of Personal & Interpersonal Loss*, 4, 281-293. (Ph.D FUNDING FROM UPM RM 300,000)
- Lavalley, D., & **Omar Fauzee, M. S.** (1997). Title IX and gender (In) equity. *Contemporary Psychology*, 42, 1022. (Ph.D FUNDING FROM UPM RM 300,000).
- **Omar-Fauzee, M. S.**, Lavalley, D., Nesti, M., Mahoney, C. A. (1998). Social psychological factors influencing exercise behaviour change among students in an unfamiliar environment [Paper presented]. *Book of Abstracts of Annual conference of Social Psychology Section of the British Psychological Society*, University of Kent, England, 84. (Ph.D FUNDING FROM UPM RM 300,000).
- **Omar-Fauzee, M. S.**, Lavalley, D., Nesti, M., Mahoney, C. A., Golby, J. (1997). A cross-sectional study examining exercise behaviour change among a sample of foreign students living abroad [Paper presented] *\_Programme Abstracts World Conference on Teaching, Coaching and Fitness Needs in Physical education and the Sport Sciences of AIESEP*, Nanyang Technological University, Singapore, 102. (Ph.D FUNDING FROM UPM RM 300,000).
- **Recognitions/Accreditations/Awards At International, National And University Levels:**
  - Hakim, M. N., Adam, Y., Ahmad, Z., Sulaiman, M. R., Hidayat, M. T., **Fauzee, M. S. O.** & Zakaria, Z. A. **SILVER MEDAL** (28 July 2009). Diuretic properties of orthosiphon stamineus benth: Potential use in sports medicine. Pameran Rekacipta, Penyelidikan dan Inovasi UPM 2009 [The creation, research and Inovation Exhibition UPM 2009) at Pusat Kebudayaan dan Kesenian Sultan Abdul aziz Shah, UPM Serdang, Malaysia
  - Hakim, M. N., Adam, Y., Ahmad, Z., Sulaiman, M. R., Hidayat, M. T., **Fauzee, M. S. O.** & Zakaria, Z. A. **BRONZE MEDAL** (28 July 2009).Anti -fungaaalll activity of Drymoglossum piloselloides L. Presl. Against several fungal resppponnsibleee for athllletes's foot. Pameran Rekacipta, Penyelidikan dan Inovasi UPM 2009 [The creation, research and Inovation Exhibition UPM 2009) at Pusat Kebudayaan dan Kesenian Sultan Abdul aziz Shah, UPM Serdang, Malaysia
  - Appointed as the External examiner for accreditation of Sports Science courses in Malaysian Public and private Universities for Malaysian Qualification Agency (Attach appointment letter MQA(S)10/03/2 jld.37 (11) dated 28 July 2008 [2008-2011]).
  - Appointed as External Examiner for Jabatan Perkhidmatan Awam (Public Sector Department) for Accreditation of Bachelor of Education in Sports Psychology for

Universiti Pendidikan Sultan Idris, Perak, Malaysia 2008 (Attach appointment letter JPA(L) S. 180/8/1-14 sk (12) dated 12 September 2008)

- Editorial board for EDUCARE: International Journal for Educational Studies (2008)
- Reviewer for *African journal of Physical, Health Education, Recreation and Dance*(2007-)
- *Reviewer for ICHPER-SD Journal of Research (2007-)*
- **Mohd Sofian Omar Fauzee**, V. Muraleedharan, Aminuddin Yusof & Muhammad Nazrul Hakim Abdullah (**BRONZE MEDAL**) (27-29 November 2007). *The roles of sports towards improving self esteem among athletes*. Pameran Rekacipta, Penyelidikan dan Inovasi UPM 2007 [The creation, research and Inovation Exhibition UPM 2007) at Pusat Kebudayaan dan Kesenian Sultan Abdul aziz Shah, UPM Serdang, Malaysia
- **Mohd Sofian Omar Fauzee**, Yunus Adam, Sam Zizzi, & Aminuddin Yusof (**BRONZE MEDAL**) (27-29 November 2007). *The comprehension of using sport recreational center among American Collge students: A qualitative analyses of users and non-users*. Pameran Reka cipta , Penyelidikan dan Inovasi UPM 2007 [The creation, research and Inovation Exhibition UPM 2007) at Pusat Kebudayaan dan Kesenian Sultan Abdul aziz Shah, UPM Serdang, Malaysia
- Samsilah Roslan, Habibah Elias, Rahil Mahyuddin, Nooreen Noordin, Maria Chong Abdullah, & **Mohd Sofian Omar Fauzee (BRONZE MEDAL)**. *Psychological characteristics of at-risk secondary school students in Malaysia*. Pameran Reka cipta , Penyelidikan dan Inovasi UPM 2007 [The creation, research and Inovation Exhibition UPM 2007) at Pusat Kebudayaan dan Kesenian Sultan Abdul aziz Shah, UPM Serdang, Malaysia
- Excellence Services 2006, at Faculty of educational Studies, Universiti Putra Malaysia
- Excellence Services 2005, at Faculty of educational Studies, Universiti Putra Malaysia
- Excellence Services 2004, at Faculty of educational Studies, Universiti Putra Malaysia
- Excellence Services 2003, at Faculty of educational Studies, Universiti Putra Malaysia
- Excellence Teaching Second Semester 2006-2007 in EDU 3044 Penyelidikan Pendidikan [Education Research].

- Excellence Teaching First Semester 2006-2007 in EDU 3518 Psikologi Sukan [Sport psychology].
- Invited Executive members of Researchers with UNESCO-EPRD-OECD on the *"Teaching and Learning International Survey (TALIS)"* (2006-2009).
- Invited Executive members of Researchers with EPRD on the *"Kajian Literasi Sekolah Menengah"* [*"School literacy reseach"*] (July-Dec 2006).
- Invited Executive members of Reserachers with EPRD – UNESCO on *Research of Primary School* (2003-2006).
- *Fulbright Scholar* 2005 in Sport and Exercise Psychology at West Virginia University (Sept-Dec 2005).
- Chief Editor (2000-2004) *Malaysian Association for Physical Education, Sport Science, and Fitness Journal*. Organised by Persatuan Pendidikan Jasmani Malaysia.
- Columnist for Sport psychology for National Football magazine, Arena Bolasepak [Football Arena] (1991- Present ).
- Penilai Luar Program Sarjana Sains Sukan Universiti Teknologi MARA [Evaluator for the Sports Science Masters program for Universiti Teknologi MARA Malaysia] (2004 – Present).
- Penilai Luar Akreditasi LAN bagi program Sains Sosial & Sukan bagi program-program Universiti Swasta [Evaluator for LAN of the Social Science and Sports for accreditation of Malaysian private universities] (2003 to Present).
- Editorial Review Board bagi International Council for Physical Education, Recreation and Dance (ICHPER) Journal (2005 – Present).
- Editorial Board bagi Malaysian Journal of Sport and Exercise Science (2005 – Present)
- Editorial Board bagi Malaysian Association for Physical Education, Sport Science, and Health Journal (2000 - Present)
- Executive Committee of Malaysian Association for Physical Education, Sport Science, and Health (1999-2001, 2003-2004).
- *Penerima Anugerah Khidmat Cemerlang* (2003) Persatuan Pendidikan Jasmani Sains Sukan, dan Kesihatan Malaysia [Receipient of the "Excellence services" for the Malaysian Association of Physical education, Sports Science, and Health Malaysia 2003]

## ADMINISTRATIVE POSTS

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- Head, Sports Development, sports Academy UPM (May 2006- Present).
- Dilantik menjadi Pegawai Audit Dalam FPP bagi MS ISO 2000:9001 dari 2004-2005. [Internal Auditors for Faculty of Educational Studies for MS ISO 2000:9001 92004-2005)].
- Penyelaras kokurikulum bagi kursus Edu 3050 dan EdU 3052 Fakulti Pengajian Pendidikan, UPM (2002-2003) [Coordinator for co-curriculum courses EDU 3050 and EDU 3052 Faculty of Educational Studies 2002-2003].
- Penyelaras PKPG PJ MPKTBR (2002-2003) Fakulti Pengajian Pendidikan, UPM. [Coordinator of PKPG PJ MPKTBR 2002-2003, Faculty of Educational Studies].
- Pengarah, Pusat Kajian Dasar Penyelidikan (2000-2001), Fakulti Pengajian [Director of Center of Excellence, Faculty of Educational studies, UPM].

## PROFESSIONAL RECOGNITION & SERVICES

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- 16 Jun 2009 "Article reviewer for spectator perceptions of physical facility and team quality: A study of a Malaysian super league soccer match" for PERTANIKA JOURNAL UPM.
- 7 April 2008. Examiner for Master students project Chun Cheng Chuan for the title of "Kajian tentang faktor-faktor yang mempengaruhi pencapaian akademik pelajar atlit universiti di Malaysia"
- 10 April 2008. External panel for Ph.D questionnaire development for Norshilawati Abdul Razak with the title of 'Kesan intervensi pengurusan stress secara psikologi dan fisiologi terhadap kebimbangan seketika dan pencapaian dalam ujian kecergasan motor'
- Vice Chairman for International Sports Science Conference, 19-20 Dec 2006, PutraJaya, Malaysia. Organised by Sports Academy, UPM.
- Secretary of Greduc Conference [Setiausaha kehormat, Konferensi National Pelajar Siswazah (GREduc)] 2001, 15 Julai 2001.
- Committee Member of research at Fakulti of Educational Studies [Ahli jawatankuasa penyelidikan (2000-2001), Fakulti Pengajian Pendidikan.]

- Committee of Teaching Practical [Ahli Jawatankuasa Latihan Mengajar dan Praktikal Kaunseling (1999/2000).]
- Committee Member of Sports [Ahli Jawatankuasa Sukan Sempena Perayaan Jubli Perak 25 tahun Fakulti Pengajian Pendidikan, Universiti Putra Malaysia.]
- Editor Exco (2000-2004 ) of Persatuan Pendidikan Jasmani Malaysia.
- Life Member (Since 2000-) of persatuan Pendidikan Jasmani Malaysia
- Member, British Association of Sport and Exercise Science (1996- )
- Member International Council for Health, Physical Education, Recreation, Sport and Dance (2000- )
- Research fellow at Institut Teknologi Maju, Universiti Putra Malaysia (2002-2004)
- EDITOR Committee (17 Disember 2002) for National Policy Lecture at Hotel Grand Olimpik, Kuala Lumpur. Organised by Persatuan Pendidikan Jasmani, Sains Sukan dan Kecergasan Malaysia.
- Attending the procedure of applying grant (25 Jan 2003) at di Hotel Renaissance Palm Garden, Putra Jaya di kendalikan oleh Research Management Centre, UPM.
- Workshop speaker (3 Sept. 2002) at Pusat Sains Negara title “Science and sport psychology”.
- Committee Member of the Conference on computer Integrated system 2003 (ConCIS 2003) at Putrajaya Marriot hotel, IOI Reseort 21-23 May 2003.
- Committee Member for of PPJSKM 42th Convention at Hotel Mandarin Court, Kuala Lumpur pada 19-21 Dec 2003.
- Chairmanfor parallel session of PPJSKM 42th Convention at Hotel Mandarin Court,Kuala Lumpur pada 19-21 Dec 2003.
- Interview panel for 2003-2004 Intake for Sabah candidate UPM/FPP/10/2 dated 1 April 2004.
- Committee member for Teacher Training Committee for Faculty of educational Studies 2004.
- Committee member for World Education Indicator (WEI) UNESCO/OECD Bil 1/2004 project at Minstry of Education, Pusat Bandar Damansara pada 16 Feb 2004.

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- Attend the Internal audit Course for ISO on Dalam 1-3 Mac 2005 at Eastin Hotel, Kuala Lumpur.
  - Mohd Sofian Omar Fauzee & Tajularipin sulaiman (Mac, 2004) “Conduct the Students Excellence Camp Tasik MARDI, Serdang. Organised by Universiti Business Center, UPM.
  - Mohd Sofian Omar Fauzee & Tajularipin sulaiman (Julai, 2004) Conduct the Motivational Camp for RISDA at RISDA Head Office, Kuala Lumpur Organised by Universiti Business Center, UPM.

## **STUDENTS ACTIVITIES**

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- Sports psychology activities for physical education students, UPM athletes and MASUM athletes.
- Mount kinabalu recreation activities with the PKPG students 2004 for gaining experience and recreational activities.
- Students Advisor for Physical Education Students 2006/2007 which involves academic advising, problems solving and carrer development activities.
- Secretary of Greduc Conference [Setiausaha kehormat, Konferensi National Pelajar Siswazah (GREduc)] 2001, 15 Julai 2001.
- Leaving School Facilitators for final year Faculty of Educational Studies students.